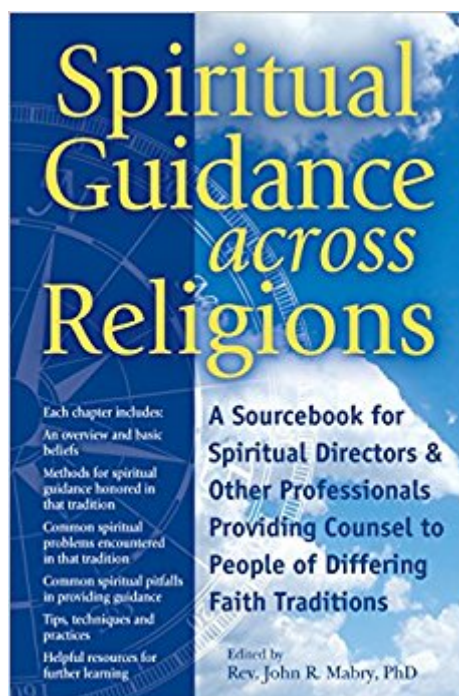


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Spiritual Guidance Across Religions: A Sourcebook For Spiritual Directors And Other Professionals Providing Counsel To People Of Differing Faith Traditions



Synopsis

The groundbreaking professional resource for providing spiritual guidance to people from faith traditions other than your own. This comprehensive resource offers valuable information for providing spiritual guidance to people from a wide variety of faith traditions. Covering the world's faith traditions as well as interfaith, blended and independent approaches to spirituality, each chapter is written by a spiritual guidance professional from that tradition or who works extensively with people from that tradition. Each chapter provides:

- An overview of the tradition, including basic beliefs
- Methods for spiritual guidance honored in that tradition
- Common spiritual problems encountered by people of that tradition
- Tips, techniques and practices
- Helpful resources for further learning

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Religions Covered: By Estimated U.S. Population

- Evangelical – Christianity – Roman Catholicism – Mormonism – Judaism – Reformed Christianity – Eastern Orthodox – Christianity – Islam – Buddhism – Hinduism – Spiritual Eclecticism – Unitarian Universalism – Neo-Paganism – BahÃfÂ'ÃfÂ- Faith – Sikhism – Shinto – Humanism – New Thought – Zoroastrianism – Native American Religion – African Diaspora Spirituality – Daoism – Jainism – Confucianism

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Ham, interfaith spiritual director and dean, Chaplaincy Institute — "The contemporary spiritual guide would do well to have this dynamic book as part of their collection and as on-going education

in the field. — Anne Huffman, PhD, director, MA in Spiritual Guidance, Sofia

University — "Finally, the go-to textbook that chaplains and spiritual directors ... deserve....

Goes deeper than the traditional who-what-why-when-where approach to world religions by focusing on spiritual care and healing.... It's full of gold. — Paul Chaffee, editor, The Interfaith

Observer (TIO)

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Christopher Titmuss, a former Buddhist monk in Thailand and India, teaches awakening and insight meditation around the world. He is the founder and

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I love Mabry's writing. This book is great...provides a lovely overview of various religions!

As a chapter author for this book, I want to be clear that I am reviewing it because I see it as a very useful tool for those who do counseling or therapy of any kind. This book gives insights into the spiritual beliefs and practices of a wide variety of religious belief systems, and is of great use to those of us who counsel people from a variety of backgrounds.

Each chapter is a doorway to the faith experience of strangers who become family. In a multi-faithful world, this handbook is a tremendous resource for teachers, clergy, public servants and anyone who wonders about the new neighbor next door.

Great service

A must for a multi-faith spiritual direction practitioners.

This book is an excellent guide for spiritual direction. Invaluable resource.

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